

CURRICULAM VITAE

Aneesh Thomas

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CAREER OBJECTIVE

To work in an innovative team environment and make a positive contribution towards the organization and people who need help to deal with their personal and emotional problems,

PROFESSIONAL QUALIFICATIONS

M.Sc. Applied psychology, from Bharathiar University, Coimbatore.

- Psycho diagnostics
- Psycho therapy
- Counseling Psychology
- Behavior modification
- Personality theories
- Psychological testing's
- Abnormal Psychology
- Health Psychology

ACADEMIC QUALIFICATIONS

M.Sc. Applied Psychology 2013 from Bharathiar University, Coimbatore (Getting completed by April 2013)

B.Sc. Psychology 2010 from Little Flower Institute of Social science and Health

ACCADAMIC EXPERIENCE

Project Practicum in Pankaja Mill, Coimbatore (National Textiles Corporation), on the topic “ **The effect of Organizational culture and environmental conditions on Organizational commitment of Employees**”. (December 2012 to April 2013).

COMPUTER PROFICIENCY

Operating Systems: Windows 98, XP, Window 7

Office Packages: Good at Excel, Word and PowerPoint, Microsoft office

AREAS OF INTEREST

Listening to music, watching movies, and spending time with friends are the areas I spend my free time. I also enjoy group and team activities.

PERSONAL DOSSIER

Date of Birth: 15 April 1987

Marital Status: Single

Languages Known: English, Malayalam (Tamil, Hindi)

Nationality: Indian

Personal Skills

- Ability to find and suggested creative and practical solutions.
- Good communication skill and ability to understand the emotion of other
- Being a counselor, can help people to deal with personal issues.
- Strong and challenging personality with positive attitude.
- Execute all entrusted tasks with precision, honesty and willing to shoulder responsibility
- Ability to work both independently and within a pro-active, positive team environment and adapt to diverse situations.
- enjoy new Challenges & team works, Quick learner

DECLARATION

I hereby declare that the above-mentioned information is correct up to my knowledge and I bear the responsibility for the correctness of the above-mentioned particulars.

Place: Kozhkode

Date: 22 April 2013