

RESUME

BINEESH SKARIAH BA, BD, MSW



bineeshskariah01@gmail.com

00-91-468-2221505 (Home)

00-91-7200867268 (Cell)

00-91-9496492817 (Cell)



Valiyathazhayil House,
Variyapuram, Elanthoor East P.O,
Pathanamthitta Dist.,
Kerala. Pin 689643

BINEESH SKARIAH



Personal Data

Date of Birth 19-01-1986

Place of Birth:
Pathanamthitta, Kerala

Gender : Male
Nationality : Indian
Marital status :Married

Father's name:
V. D Skariah

Religion : Christian
Mother Tongue : Malayalam

Languages Known:
*English, Hindi, Tamil &
Malayalam.*

Interests and Hobbies:
*Traveling, Reading, Learning &
Music.*

Passport Details:

Passport Name:

Bineesh Skariah

Passport No : *H 1321479*

Place of Issue : *Trivandrum*

Date of Issue : *29-October, 2008*

Date of Expiry: *28-October,2018*

CAREER OBJECTIVES

“Highly Dedicated, Motivated, Post-Graduate, Master Social Worker, seeking for a challenging job in an entirely demanding and creative organizational environment in which I can give a competitive edge to my esteem organization through my interpersonal skills and abilities”

ACADEMIC RECORD

➤ MASTERS DEGREE:

❖ MSW(Medical and Psychiatry)

2011-2013 Bharathiar University Graduated with high First Class 70 % (Marks).

Fine tuned the varied leadership skills like communication, presentation, planning, co-ordination, resource mobilization, budgeting, personnel management and evaluation.

➤ BACHELOR DEGREES:

❖ BACHELOR OF ARTS (HISTORY)

2003-2006 Mahatma Gandhi University. Specialized in History, St. thomas college kozhencherry , three years residential program.

KEY STRENGTHS

- Social Work Supervision
- Case Management
- Mentoring and Medical Services
- Relationship Building
- Student and Adult Assessment
- Counseling
- Crisis Management
- Program Coordination
- Staff Management
- Clinical Supervision
- Family Relations
- Risk Management/ Reduction

Job Responsibilities

Field Visiting, data collection and Reporting, Public Relations, Industrial and Abnormal Psychology, Collaborate with other professionals to evaluate patients' medical or physical condition and to assess client needs, Refer patient, client, or family to community resources such as financial assistance, legal aid, housing, job placement, Spiritual support or education etc, Coordinate client or patient care and rehabilitation, Coordinate support system, Monitor, evaluate, and record client progress and Maintain Client Records

➤ THEOLOGICAL EDUCATION

❖ BACHELOR OF DIVINITY

2006-2010 Bachelor of Divinity Serampore University (Faith Theological.Seminary, Manakala,Kerala)

➤ OTHER COURSES

- ❖ 2001-2003 Higher Secondary Course (HSC) Department of Higher Secondary Education, Kerala, English Medium .
- ❖ 2000-2001, S.S.L.C (Board of Public Examination, Kerala, India).

PSYCHIATRIC SETTINGS

- ❖ Trained in De-addiction cum rehabilitation, mental health and also with Oncology Department in **St Gregarious Medical Mission Hospital, Parumala, Kerala, India.**(2nd May to 31st May 2012).
- ❖ **Sitalaxmi Hospital, Coimbatore, India.**(20th June to 26th September 2012).

Training Includes:

1. Working with communities to facilitate the identification of mental health issues and development of mental health resources from a community needs perspective.
2. Overseeing a mental health program. analysing, planning, and establishing standards.
3. Direct Services to individuals, couples, families and groups in the form of counselling, crisis intervention, therapy, and coordination of resources, etc.

- ❖ **Rashmika learning and counseling centre, Coimbatore, India.**(5th Dec 2012 to 30th March 2013).

Training Includes:

1. To impart learning skills for special children with learning differences, dyslexia, slow learning and attention deficit hyperactive disorder. and ensure a child's optimum level of academics and independent functioning in the society.
2. To initiate and enhance a learning process which will help the child to meet his/ her needs.
3. And to help cope with emotional/ social disturbance with the help and support of the family, school and society at large.

❖ **Technical Profile**

➤ Computer: Passed DCA
➤ (Diploma in Computer Application) Good in Usage of Windows 2000, XP, Vista, 7, internet, Microsoft Office -1998 to 2010, Power point Presentation etc.

❖ **SKILLS**

➤ Assisted in planning and leading youth retreats and mission trips.
➤ Campus Ministry.
➤ Planned and coordinated student activities, missions, and ministries .
➤ Ministered to patients, families and staff as part of a ministry team in a hospital setting.
➤ Counseled university students
Provided informal counseling to youth.
➤ Administration.
➤ Organized and coordinated an activities program for adolescents at a community center.
➤ Initiated and directed a summer recreation/education program for children.

Competencies

➤ Good team player.
➤ Independent and self-motivated.
➤ Honest, Sincere and a Hard Worker with a high level of Integrity.
➤ **Research done in Marital satisfaction among Nurses**

❖ **Shanti Ashram, Coimbatore.**(7th Dec to 8th March 2012)

Duties Include:

Peace Education, interfaith collaboration
Poverty Alleviation, Women's Development,
Youth Leadership, Bala Shanti for Children,
Community Health, Environmental Restoration.

❖ **Poornathresya Old Age Home, Tripunithura.** (1st May to 31st May 2013)

1. Assess and treat problems such as anxiety, dementia, Parkinson's disorder, stroke, motor disorder , blind/ deaf, depression and mental illnesses .
2. Providing counseling or therapy to groups, individuals or couples, as well as refer to support groups.

FIELD EXPERIENCE

❖ Worked as HR executive in **Mountain of Helping Hand Ministries.**

From June 2006 to April 2010 as a part time coordinator in Kerala and from May 2010 to May 2011 as an HR Executive cum counselor.

Major responsibilities included working on assisting the department of education and heading the Human Resource department. employment formalities, induction program, appointment letters and confirmation, administration, maintaining personal files of employees, employee relations etc.

❖ Presently working with **Mountain of Helping Hand Ministries International** from May 6th 2013 till date.

I here by certify that the above mentioned details are true to the best of my Knowledge and belief.

Date: Jan 21, 2014

BINEESH SKARIAH