

## CURRICULUM VITAE



EKTA SHARMA

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### EDUCATION

- P.G. Diploma in psychology Counseling.(pursing)
- Ph.D. in yoga science (pursuing)
- ITI SCVT trade Copa passed in 2013.
- B.ed, , Barkatulla Vishwavidyalaya Bhopal (M.P.) passed in 2012
- M.Phil in yogic science, Barkatulla Vishwavidyalaya Bhopal (M.P.) passed in 2010.
- M.A. in yogic science, Barkatulla Vishwavidyalaya Bhopal (M.P.) passed in 2008.
- P.G. Diploma in yoga science, Barkatulla Vishwavidyalaya Bhopal (M.P.) passed in 2006.
- M.A.in Hindi, Barkatulla Vishwavidyalaya Bhopal (M.P.) passed in 2003.
- B.A. Barkatulla Vishwavidyalaya Bhopal (M.P.) passed in 2001.
- 12<sup>th</sup> in M.P. Board, Bhopal Passed in 1998.

### PROFESSTIONAL EXPERINCE:

- Provide training to students & all teaching staff for 42 days at Govt. Kamla Nehru Girls College,Damoh(m.p) (16-08-06 to 26-09-06)
- Worked as a yoga teacher for 30 days in Kasturba Hospital. B H.E.L. Bhopal (26-02-07 to 27-03-07)
- Worked as a yoga teacher in Govt. M.G. Hr. Sec. School. B H.E.L. Bhopal for 20 days (25-10-07 to 21-11-07)

- Worked as a yoga teacher for 6<sup>th</sup> month at ST. Joseph's School Bhopal under MPCST Research project.
- J.N.V. central Govt. C.B.S.E School Worked as a yoga teacher for 3 month, at Dahod ( Gujrat)
- Worked as a yoga instructor in Kavilyadham Ashram Shahpura, Bhopal & Lonavla ashram Pune (M.H.).
- Working as a yoga & Hindi lecturers in Sant Singaji Institute of Science & Management, Sandalpur.(4Years ,continue)

#### Seminar

- Attend National Seminar Yoga Subject and present by paper Yoga Fasting Youth Energy. (20-02-08 ) Barkatullah University
- Attend National Seminar Yoga Subject and present by paper A Various Problems of Human Life. (21-03-12 ) Barkatullah University
- Attend International Yoga seminar and I have arrange a workshop for yoga for consciousness & total life management at Ujjain.(14-11-12)
- Attend National Seminar Yoga Subject “yoga as an effective way of inculcating values in teenagers” (17-03-2013) Barkatullah University
- Attend National yoga Seminar subject “ Yoga for fostering youth Energy” ( 28-29 April 2013) Shree Attal Vihari collage Indore

#### PERSONAL INFOMATION:

NAME: EKTA SHARMA

DATE OF BIRTH: 15-01-1979

HUSBAND NAME: SHRI RAKESH SHARMA

NATIONALITY: INDIAN

LANGUAGES KNOWN: HINDI & ENGLISH

#### DECLARATION:

I here by declare that above information is correct to the best of my knowledge and I assure you that I will do all most of prove my worth to your establishment.

(EKTA SHARMA)  
Date: 21/01/2014  
Place: Bhopal