

Application for the post of Social Worker/Counselor

LEEBAMOL BABU K.B

Personal Profile



Contact Number :

+919003089550

+919567690921

Email:

leebamolkunnel@yahoo.co.in

leebakunnel1984@gmail.com

Permanent Address:

Kunnel(H),
Villoonni P.O,
Kottayam(Dist)
Kerala,India

Present Address

20A,Sriram Nagar,
Madambakkam,Tamparam
East,Chennai-600073.

Personal Data:

Date of Birth : 6 April 1984

Sex : Female

Marital Status : Married

Nationality : Indian

Languages Known:

English, Malayalam, Hindi,Tamil

CURRICULUM VITAE

Career Objective:

To build my career in the field of Social Work and to create a lasting relationship with well established company in which my past experience will help me secure a Psychiatric Social Worker position.

Professional Experience:

**Psychiatric social worker cum Centre in-charge
Shalom Care n Cure, Palakkad,
20th September 2011 – 20th March 2013**

Job Profile:

- Expert knowledge of case management and psychotherapeutic services for chronic mental illness and de-addiction
- Conducting interviews to clients and families to assess the type of problem and use preliminary issues for treatment focus
- Providing counselling support
- Providing individual and family therapy and assisted in discharge planning
- Facilitating therapeutic group activities
- Maintaining documentation of therapy and prepares reports
- Work with Physicians to facilitate related treatment issues.

Areas of Expertise:

- Patient care
- Clinical counseling
- Case management
- Medical Documentation
- Psycho-social assessment
- Therapeutic skill
- Social skill training
- Creative Programme
planning for mentally ill
- Problem resolution

Psychiatric social worker

Chaitanya Mental health Care Centre, Pune

15th September 2007- 15th September 2011

Job Profile:

- Taking detailed case history of the newly admitted patients.
- Assessment of individual cases to understand the impairments in various areas of functioning.
- Discussing about the cases with Psychiatrists and other senior counselor to derive an effective treatment plan.
- Administering of various individual level therapeutic interventions like supportive psychotherapy, insight oriented psychotherapy, counseling, behavioral therapies etc.
- Facilitating group oriented therapies like art therapy, group therapy, recreational therapy, role play etc.
- Help the patients to follow a structured daily schedule with constant supervision, support and guidance.
- Give regular feedback to the psychiatrists about the changes observed in the patients.
- Conducting family therapy sessions.
- Home visits (as and instructed by the organization).
- Maintaining proper recording of all the therapies conducted.
- Taking patients for picnic, outdoor games, movie etc.
- Night duty in the wards to observe the patients and help them in case of any emergencies.
- Being a part in organizing cultural programmes, talent scans and preparing the patients for the same.
- Being a part in implementing the outreach programmes of the organization like exhibitions, public awareness programmes, preparing and distributing leaf lets containing information about mental health and illness, publishing newsletter etc

Educational Qualification:

Sl.No	Qualification	Duration	University	Percentage
1.	Master of Social Work (Medical and Psychiatry)	2005 - 2007	Bharathidasan University.	79.47%
2.	Bachelor of Arts (English)	2002- 2005	Mahatma Gandhi University.	54.75%

Computer Proficiency:

MS Office (Word, Excel), Internet and E- mail applications.

Achievements:

- Achieved **THIRD RANK** in MSW (Bharathidasan University, Tamil Nadu, India).
- Participated National seminar on “Professional Social Work Intervention in Different Field).
- Participated in National Seminar on “Mental Health Programme” organized by Trust Research Institute of Mental Health and Social Sciences, Trichy.
- Participated in one day workshop on “Relapse and Relapse Prevention”. Organized by Chaitanya M.H.C.C, Pune.

Socialwork Training.

- Field work experience in a Short Stay Home - Margaret short stay Home, Thanjavur
- Practical exposure in Psychiatric setting - Visranthi Mental Health Care Centre, Trichy.
- Field work experience in Medical setting - Sree Akhila hospital, Trichy.
- Block placement training at Schizophrenia Research Foundation **SCARF (India), Chennai.**

References:

Mr. Ramakrishnan HR Director Shalom Charitable Ministries of India Palakkad Kerala Mob: 09447000373 Email: shalomcarencure@gmail.com	Mr. Rony George Secretary Chaitanya Mental Health Care Centre Sv.No. 49/1A, Kondhwa Bhudruk Pune – 411048, Maharashtra India. Mob: 09822308491 E- mail:chaitanya_rony @hotmail.com
---	---

Declaration:

I hereby declare that all the information presented above is true to the best of my knowledge.

Tambaram

30/4/2013

Leebamol Babu K.B

