

## RESUME:

NITIKA JAISWAL

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### CAREER OBJECTIVE:

To take up responsibility and accept challenges in work for self development and to create a place for myself in the field I work, and utilize my analytical and synthesizing skills together with my knowledge about the work to add value to the organization.

### ACADEMIC QUALIFICATION:

DEGREE	UNIVERSITY/BOARD	YEAR OF PASSING	PERCENTAGE OBTAINED
M. A. IN PSYCHOLOGY	UNIVERSITY OF CALCUTTA	2012	68%
BACHELOR DEGREE IN ARTS (HONRS IN PSYCHOLOGY)	UNIVERSITY OF CALCUTTA	2010	57%
HIGHER SECONDARY	W.B.C.H.S.E.	2007	68%
SECONDARY(MADHYAMIK)	W.B.B.S.E.	2005	58%

### OTHER QUALIFICATION:

- Preliminary Computer Application Course.  
(Proficient in M.S.- Office, PowerPoint, Microsoft Windows, Excel and Word 2007).
- Passed the 'B' Certificate Examination of National Cadet Cops in 2008.
- Passed the 'C' Certificate Examination of National Cadet Cops IN 2009.

### PERSONAL DETAILS:

Fathers Name : Shankar Jaiswal.  
Date Of Birth : 28/03/1988.  
Marital Status : Single  
Nationality : Indian.  
Religion : Hindu.  
Languages : English, Hindi, Bengali.  
Hobbies : Swimming, Drawing, Reading Books, Listening Songs and Travelling. Strength: Energetic, Good Communication and interpersonal skill, Hard Working, Dedicated.

### **UNDERTAKEN RELEVANT EXPERIENCE AND TRAINING:**

- Training from the Medical Hospital of Calcutta for 6 months. There had an experience to deal with patients. Training period includes taking case history, mental status examination, diagnosing and counseling.
- Have attended Antara Psychiatric Centre as a part of practical training programme for a period of 7 days. During this period I had an exposure in the following areas: (1) History taking and Mental Status Examination, of adult and child psychiatric patients (2) Psycho Social interventions of chronic and acute psychiatric patients (3) Programmers of intervention for Chemical Dependent individuals.
- Continuing my practice from last one year at Rajabazar Science College (SPU UNIT) where diagnosing patients along with psychometry testing's and IQ testing, counseling and therapies which include individual counseling, group counseling, marital counseling, cognitive behavioral therapy, behavioral therapy etc at Rajabazar Science College (SPU UNIT).
- Had exposure of one day visit at Pradeep Autistic Centre.

### **EXTRA CURRICULAR:**

- Attended Seminars:
  - Participated in the seminar of Hypnotherapy at Antragram.
  - Participated in the seminar on “Community Mental Health: Issues and Challenges.
  - Participated in some other seminars of Music Therapy, Personality Disorder etc on a Psychological ground.

➤ Achievements:

- ☐ Stood 2<sup>nd</sup> in the event of 700 meters Inter Class Relay Race.
- ☐ Got 2<sup>nd</sup> price in the Drawing Competition.

- Participated in the “Road Safety Week” under the 31<sup>st</sup> Bengal B.N- N.C.C.
- Participated in Combined Annual Training Camp of National Cadet Cops.

➤ Project Work:

- ☐ While doing Masters in Psychology completed a Dissertation on “Predictors of Suicidal Ideation among under Graduate College Students” under the guidance of Prof. Sahan Das Gupta (H.O.D.) Applied Psychology department of Calcutta University.

Working from last six months as a test administrator and counsellor in SPU, Applied Psychology department, Calcutta University, Science College.

**DECLARATION:**

I hereby declare that the above mention information are true and authentically to the best of my knowledge.

NITIKA JAISWAL

Date:

Place: Kolkata.