

CURRICULUM VITAE

RANJEET SINGH

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CAREER OBJECTIVE

Seeking for a highly growing organization that offers competitive environment to enhance my working skills, being resourceful, innovative and flexible.

ACADEMIC QUALIFICATIONS

- Two year post graduate advance diploma in **clinical psychology & counseling (PGADCP)** from **Dr. B.R.A. University, Agra- 2008**
- Post graduation (**Psychology**) from CSJM University Kanpur -2004
- Graduation (**Psychology, Economics, Political Science**) from CSJM University Kanpur- 2002
- Senior Secondary (**Science Stream**) from U.P. Board Allahabad- 1999
- Metric (**Science Stream**) U.P. Board Allahabad -1997

KEY PERSONAL ATTRIBUTES

- Highly motivated, optimistic with a positive attitude towards work.
- Believes in professionalism with disciplinary approach
- Good writing and communication skills
- Good convincing skills
- Excels in interpersonal relationships

WORK EXPERIENCE

- 1 Have work experience in **Tulasi De-Addiction And Psychiatric Rehabilitation Center Mehrauli New Delhi** with **Dr. Gorav Gupta MBBS, MD (Ex-Sr. Psychiatric Consultant) in Apollo & Batra Hospital- New Delhi.**

Role – Clinical Psychologist & De-Addiction Psychotherapist

Role Summary

Having 5.1 years of experience as a Clinical Psychologist in the organization working with Psychiatric patient of all kinds including violent, agitated, **suicidal, bipolar, psychotic (Schizophrenia)** and **drug & alcohol dependant** patients providing them relief from mental distress & disturbance through effective psychological & counseling interventions

Responsibilities

- Making a preliminary assessment of the patient admitted including taking **history & mental status examination**, collecting information from patients relatives & formulating the **psychiatrist diagnosis**.
 - Acute control of agitated patient. Counseling for suicidal patient & providing a healthy environment & moral boost, establishing a trusting relationship by ventilating the feeling of patient.
 - Daily observation of target symptoms & noting adverse effects of medication.
 - Giving psycho education to the patient & his / her family members about the illness.
 - Making files at the time of admission, maintaining records pertaining to investigation & psychotherapy & individual counseling sessions
 - Activity scheduling, including personal hygiene / prayer / exercise / yoga / music therapy / art therapy / occupational therapy / group therapy / play therapy / relaxation & vocational therapy
2. Have five months work experience in **NIDAN PSYCHO THERAPY & COUNSELING CENTER** Ashok Nagar Agra.

Role – Career Counselor

Role Summary – Working with under graduate & graduate student of all kinds study & career problems with neurotic disorder providing them relief from career confusion & distress by the effective psychological counseling intervention's.

3. Having four years working experience **corporate, telecom & banking organization's**

Role – Sales, Collection & Marketing Executive

ADDITIONAL QUALIFICATION

- Have three months experience in Psychiatric patients as an intern from **Mental Health Institute & Hospital Agra**, under **Dr. Ajay Kumar Srivastava (Psychiatric Social Scientist)**
- Attended five day live training workshop on **Rorschach test** in **Agra Mental Health Institute & Hospital** by **Dr. Rakesh Kumar Jain (Sr. Clinical Psychologist)**
- Participated in live exposure on JMR & ERP with the Management of OCD Patient by **Dr. K.C. Gurnani (Sr. Psychiatrist Consultant & H.O.D.)** of **S.N. Medical College & Hospital Agra**.
- Participated in National Seminar on **Psycho-Social Co-Relation of Terrorism** held at DAV College Kanpur
- Attended National Seminar on **Emotional & Behavioral problems of Children & Adolescence** in D.G. College, Kanpur.

PERSONAL DETAILS

Father's Name : Mr. H.C. Singh (Retd.S.I. in Police Dept.)
Date of Birth : 20th May 1983
Gender : Male
Category : General
Nationality : Indian
Languages Known : Hindi & English
Marital status : Married
Skills : Analytical, Flexible Smart worker, Professional Expressive, Enthusiastic & team player.
Hobbies : Music & Movies, Internet Surfing, Para psychology

DECLARATION

I hereby declare that the information furnished above is true & best of my knowledge.

Place:

Date :

RANJEET SINGH
(Psychologist & De-Addiction Therapist)