

CURRICULUM VITAE

SWASTHIK A S

Appayamoole House
Padre P.O
Kasaragod Dist.
Kerala – 671552
Phone: 9605933153, 04998-226888

Email: swasthi.appu@gmail.com

OBJECTIVE

- To build my career in a reputed organization in which I can utilize my experience and educational training to make good achievements both for the organization thus grow my self.
- To work effectively towards my goals in the work place

ACADEMICS

Qualifications	University	College
Master of social work - Health Social Work Practice.	SreeSankaracharya University of Sanskrit	S.S.U.S,R.C,Thuravoor
B.A Economics	Kannur University	Govt. College,Kasaragod
Plus Two	Kerala Higher Secondary Board	S.S.H.S, Katukukke
SSLC	Kerala State Board	S.N.H.S, Perla

EXPERIENCE NILL

FIELD WORK EXPERIENCES

(1)PRS, Palluruthy, Ernakulam

Tasks Undertaken

- Case work
- Group work
- Monitoring and Evaluation

(2)Kusumagiri Mental Health Centre, Kakanad, Ernakulam

Tasks Undertaken

- Supportive Counseling
- Follow ups
- Case History & MSE
- Group work
- Awareness campaigns and recreation programmes organized

(3)Dr.B.Y.L Nair Ch.Hospital& T.N Medical College,Mumbai.

Tasks Undertaken

- Case history taking
- Counseling
- Group work
- Psycho-Socio-economic assessment
- Assist the Medical Social Worker & Visit the department

(4)CADABAM'S Rehabilitation Centre,Bangalore

Tasks Undertaken

- Case history & MSE
- Group work
- Counseling
- Reporting and Documentation

PROJECT UNDER TAKEN

“A Case study on cultural shifting of Koraga community in Kasaragod District”

SEMINARS ATTENDED

- 1) Samanwaya-Enabling A Protective Environment for Children
- 2) State Level Seminar on Social Work Aspects in Dementia Geriatric Care
- 3) ALMONERS- National Conference on Medical Social Work: A field in transition bringing together the ideology, theory and practice.
- 4) MAHASWAM- Right based approach in development practice
- 5) SPANDANA- National level symposium: Social work in the era of modernization
- 6) DE NOVO – National level meet: environment & terrorism, issues and challenges- A call for sustainable development

COMPUTER SKILLS

Ms Office (word, excel, PowerPoint and internet)

PERSONAL DETAILS

Father's Name	Sundara.A
Mother's Name	Korathi.P
Permanent Address	Appayamoole House Padre P.O Kasaragod Dist. Kerala – 671552 Phone: 9605933153,04998-226888
Marital Status	Single
Age & Date of Birth	22yr, 30-05-1990
Languages Known	English, Hindi, Kannada, Tamil, Malayalam and Tulu
Hobbies	Reading and listening music, Travelling, Photography and Playing the games

PERSONAL SKILLS

- Willingness to learn and adapt to new challenges
- Good analytical and conceptual skill
- Positive attitude and learn from mistakes
- Good presentation skills
- Interested to conduct studies

AREA OF INTEREST

- Maintaining good interpersonal relationships
- Human resource management
- Psychiatry and Health field
- Teaching & Guidance
- Women Welfare and among vulnerable groups
- Marketing
- Work with children
- Lecturing
- Research

REFERENCE:

2) Dr Jose Antony (SreeSankaracharya University)-09446217759

1) Shashikanth (Dr.B.Y.L Nair Ch.Hospital Mumbai)-09833553779

DECLARATION

I hereby claim that the details mentioned above are correct for the best of my knowledge and belief.

Sincerely

Swasthik.A.S

