

RESUME

Sowmya Mathew
D/O C.M Mathew
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Mala (p o)
Karkala (Tq)
Udupi Dist – 574122
Karnataka
Email: sowmyamathew25@gmail.com
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Professional Objectives:

To associate myself with a professional driven esteemed Organization and put my abilities and knowledge for optimum use. Willing to work as a key player in challenging and creative environment.

Education:

QUALIFICATION	INSTITUTION/UNIVERSITY	ACADEMIC YEAR	PERCENTAGE
M.S.W	Milagres College Kallianpur Udupi /Mangalore University	2012	66%
B.S.W	Alva's college/ Mangalore University	2008-2010	60.4%
P.U.C	Govt. P U college / Department of Pre University Education	2007	57.83%
S.S.L.C	Naravi High School/ Karnataka Secondary Education	2005	44.96%

Computer Skills:

BASIC, MS- OFFICE, MS- WORD, MS- POWERPOINT, MS EXCEL

Language Proficiency:

English, Kannada, Hindi, Tulu, Malayalam

Project Details:

1. Title: study on Socio-Economic Condition of Malebettu Tribal Community.

Description: - Study conducted on the social, economic and other related problems of the community.

Others:

(Field work placement / training while doing Masters Degree in Social work)

1. Was placed at “NAVEEKRUTHA COUNSELLING CENTER” Milagres College.
2. Was placed at “CHETHANA SPECIAL SCHOOL”, and “DURGA GRAMA PANCHAYATH” 2nd semester to study children’s problems, conducted programme for the parents.
3. In “MANASA NURSING HOME and LABORATORY”. I did my summer placement, underwent Psychiatry training.
4. In “SPANDANA HOSPITALS Pvt Ltd” [center for Psychiatry, Neurology & Allied Sciences], “SPANDANA NURSING HOME”, “SPANDANA REHABILITATION RESEARCH & TRAINING CENTRE BANGALORE”, successfully completed clinical and practical psychiatric training in 3rd semester.
5. “Dr. A. V. BALIGA HOSPITAL”, UDUPI. [A unit of Dr. A. V. Baliga Charities Mumbai].

Participated Programme:

1. Mime show training at Milagres College Kallianpur Udupi.
2. Soft skill training at Milagres College Kallianpur Udupi.
3. Training on Kinesics in social work at Milagres College Kallianpur Udupi.
4. Attended work shop on an Orientation to Psychiatry at Dr. A.V.Baliga hospital Udupi.
5. Alva’s social work meet-2012 at Alva’s college Moodbidri
6. Participated in the seminar on Perspective in child protection help at St.Aloysius College Mangalore.
7. Attended in the work shop on psycho social care in disaster management.
8. Attended under the star programme in ITPL.
9. Participated Better future training organized at Jenukallu valley resort in Sakleshpura.
10. Attended State level seminar on quality care for every child in K. R. Puram.

Work experience

Present working in Rainbow Home Project in Holy Spirit Society as Social Mobilizer (since 11 month)
(working for vulnerable street girl children)

Programme Organized:

1. Talk to the parents about Special children’s.

Hobbies:

Listening to Songs, Playing Throw Ball, Watching Movie, Coin collection.

Strengths:

Confident, Hardworking, Deterministic, Team Spirit, Self confidence, good communication skill, Commitment and dedication for the professional and excellence.

Personal Details:

Date of Birth	27/11/1989
Sex	Female
Religion	Roman Catholic
Nationality	Indian
Marital Status	Single

Reference

Mr. Rayan Charles Mathias
Assistant Professor
P. G Department
Milagres College Kallianpur
Udupi
Phone:-9901535315

Sr. Lilly Pushpa
H.O.D
P. G Department
Milagres College Kallianpur
Udupi
Phone:-9740993512

Mr. Jeevan Vijay Lewis
Counselor
Dr. A. V. BALIGA HOSPITAL”, UDUPI.
[A unit of Dr. A. V. Baliga Charities Mumbai].
Phone:-9964643260

Declaration:

I Sowmya Mathew declare that the details furnished above true to the best of my knowledge and belief.

Date:-26/02/2014

Yours Sincerely

Place: -Bangalore

SOWMYA MATHEW