

# Curriculum Vitae



## **Vinay Kumar V Nayak**

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## **OBJECTIVE**

To work for the organization which can give a better boosting, and prospect to my career and dedicate all my initiatives for the best presentation for which I present my candidature.

## **PERSONAL SKILLS**

Excellent Counseling, Guidance, Teaching, Lecturing, Training, Analytical, Comprehensive and Problem solving skills.

## **EDUCATION**

<b>Academic Qualification</b>	<b>Institution Attended</b>	<b>Percentage of Marks obtained</b>		<b>Class Secured</b>	<b>Marks obtained in Psychology alone</b>
<b>S.S.L.C</b>	R.T.Nagar Public School, R.T.Nagar, Bangalore	55.68%		SECOND	
<b>P.U.C</b>	K.R.Puram Govt College, K.R.Puram, Bangalore	51%		PASS	
<b>B.A (Psy)</b>	Lal Bahaddur Shastri Government First Grade College, Dinnur Road, R.T.Nagar, Bangalore	1 <sup>st</sup> Sem	57.8%	SECOND	
		2 <sup>nd</sup> Sem	51.6%	SECOND	<b>54/100</b>
		3 <sup>rd</sup> Sem	56.8%	PASS	<b>74/100</b>
		4 <sup>th</sup> Sem	48.2%	PASS	<b>53/100</b>
		5 <sup>th</sup> Sem	58.83%	PASS	<b>61/100 &amp; 78/100</b>
		6 <sup>th</sup> Sem	63.83%	FIRST	<b>73/100 &amp; 73/100</b>
<b>M.Sc (Psychological Counseling)</b>	Indian Institute Of Psychology And Research, Palace Compound, Bangalore	1 <sup>st</sup> Sem	62.8%	FIRST	<b>Average</b>  <b>63.8%</b>
		2 <sup>nd</sup> Sem	66.6%	FIRST	
		3 <sup>rd</sup> Sem	61.4%	FIRST	
		4 <sup>th</sup> Sem	64.4%	FIRST	

## TECHNICAL QUALIFICATION

<i>Diploma in Computer Application (D.C.A)</i>	Grade- A
<i>Diploma in Electronic Engineering (D.E.E)</i>	Rank-I/ First Class
<i>Diploma in Hardware Engineering (D.H.E)</i>	Rank-I/First Class

## HOBBIES

Writing articles, short stories, practicing magic, listening to music, attending bhajans as a member, playing guitar, playing dabki, reading books related to human behavior, cognition and live processes, watching television and chatting philosophy

## STRENGTHS

Hardworking in nature, concentration, dedication and ready to do any given task

## ACHIEVEMENTS

- Received **ENDOWMENT AWARD** for scoring highest marks in psychology
- Awarded **Cultural Champion** in Inter College Competition
- Received prize in various sports and cultural activities in school, university and intercollegiate level
- Conducted Magic Shows and Events with Magician **PRINCE SARCAR**
- Many of my **articles and poems are published** in college and as well as school Journals and magazines
- Participated as **Delegate** in few Seminars related to Psychology
- Completed **CLINICAL AND PRACTICAL PSYCHIATRIC TRAINING** in SPANDANA HOSPITAL, NURSING HOME AND REHABILITATION, RESEARCH & TRAINING CENTRE (15 DAYS-CLINICAL EXPOSURE)
- Won **2<sup>ND</sup> PLACE IN STATE LEVEL SEMINAR ON 'POSITIVE PSYCHOLOGY'**
- Submitted Project (SUPERVISED PRACTICUM) on Educational counseling in partial fulfillment of IV semester M.sc Psychological Counseling
- ***Published, Edited and Designed Book (Soft Bind) Titled "Indian and Transpersonal Psychology At a Glance"***
- ***Compiled Book on 'Indian and Transpersonal Psychology' Titled "Indian and Transpersonal Psychology At a Glance"***
- ***Conducted workshop on study skills relevant to life skills in Sheshadripuram College and Lal bahaddur shastri government first Grade College.***

## PROJECT DETAILS

### EDUCATIONAL COUNSELLING

Guided by Dr. Achala Umamathy (Deen and Professor of Psychology)

## INDIVIDUAL COUNSELLING:-

CASE I	:	Career counseling
CASE II	:	Social and Emotional counseling
CASE III	:	Academic backwardness
CASE IV	:	Learning disability
CASE V	:	Interpersonal relationship

## WORKSHOP:-

“Interpersonal communication between students, parents and teachers”

- Based on social penetration theory and uncertainty reduction theory
- Conducted using mainly Interpersonal, Communication and Assertiveness Training, Skills and Techniques

## **Work Experience**

- Working as Chief Psychologist (Personality Development & Counseling for De- Addiction) at Sphoorthi Foundation – an NGO dealing with Alcohol De-addiction, Treatment & Rehabilitation Centre at Bangalore from January 2012 till date.
- Working as Consultant Psychologist (Personality Development & Counseling for De- Addiction) at Sri. Guru Deva Foundation – an NGO dealing with Alcohol De-addiction, Treatment & Rehabilitation Centre at Bangalore from April 2013 till date.
- Worked as Consultant Psychologist (Educational Counseling) at St. James High School, Mariyanna Palya, Bangalore for the academic year 2012 & 2013.
- Conducted Personality Development training at Government First Grade College Chickaballapur.
- Conducted Free Workshops at different educational institutions from the year 2011.

## **PERSONAL DETAILS**

Date of Birth	:	16-04-1986
Age	:	27 years
Father’s Name	:	H. Venkatesh
Sex	:	Male
Nationality	:	Indian
Religion	:	Hindu
Marital Status	:	Single
Mother Tongue	:	Kannada
Languages Known	:	English, Kannada, Hindi, Tamil and Telugu

## **DECLARATION**

I hereby declare that all the above furnished information is true to the best of my knowledge.

Date:

Place: Bangalore

**(Vinay Kumar V Nayak)**