

BEENA CHIRACKAL BABU

beenacbabu76@yahoo.co.in

HIGHLIGHT OF QUALIFICATIONS

- ❖ Nine years experience in the psychiatric settings/ de-addiction
- ❖ Able to multi-task, prioritize duties and meet deadlines
- ❖ Able to work independently
- ❖ Dependable, hard-working, flexible, committed, quick learner

PREVIOUS JOB PARTICULARS

Counselor (Psychiatry Dept.) **Malankara Orthodox Syrian Church Medical College Hospital**
Kolenchery, Ernakulam, India – 682311 (www.moscmm.org)
Phone: +1-484-3055555

February 2001 – December 2001 and March 2004 to September 2012

- Detailed case history taking and Mental Status Examination.
- Formulation of Diagnosis as per ICD – 10
- Participation in Care Planning.
- Conducting Community Level Awareness program.
- Conducting Home Visits.
- Imparting Professional Knowledge to MBBS Students.
- Psycho Education.
- Group Therapy, Individual and Family Counseling.
- Classes for De-addiction Patients.
- Conducting AA Group Meeting.
- Counseling Clients with Alcohol dependence.
- Provides Social Skills Training for patients
- Detailed evaluation and psycho social treatment
- Conducting family therapy and marital therapy
- Reporting and documentation
- Evaluation of patients to assess the progress in treatment
- Attending ward rounds daily along with doctors, nurses and other staff
- Maintaining accurate and up to date knowledge of skills and resources by participating in training, supervision and team meeting

Malankara Orthodox Syrian Church Medical College Hospital - a profile

Malankara Orthodox Syrian Church Medical College Hospital is one of the reputed medical colleges in Kerala, India. It is 1200 bedded super speciality hospital established in 1970 with 11

super specialties, 13 clinical and 7 pre-clinical departments in almost all branches. It has all the modern investigative and therapeutic equipments and facilities and has specialized social service departments.

The psychiatry department functioning in the hospital is one among the earliest centres in the country to provide psychiatric care in the general hospital settings had started functioning in 1973. The department caters to the needs of patients from all parts of Kerala and neighboring states in addition to the local community. Around 30000 patients attended the OPD each year. The department has IP facility to provide treatment for 80 patients at a time. It also provides 24 hrs emergency services and runs several specialty clinics like child guidance clinic, lithium clinic etc. The various facilities available in our department are OPD, IP, Inter departmental services, Psychological services (assessment & therapies) and a De-addiction (IRCA) treatment.

The medical team comprises of Psychiatrists, Clinical Psychologists, Psychiatric Social Workers, Occupational Therapists, Psychiatric Nurses, Yoga Therapists etc.

Family Counselor

Nirmala Sadan Family Counselling Center
Muvattupuzha, Kerala, India.

January 2002 – December 2002

- Individual and FamilyCounselling.
- Conducting Awareness Classes, Seminars and School Counselling.
- Marital Counselling
- Home Visits.
- Health Education.
- Psychosocial Interventions with Children and Families.

EDUCATION

**MASTERS DEGREE
(MASTER OF SOCIAL WORK - MSW)
(SPECIALISATION IN MEDICAL
AND PSYCHIATRY)**

SHIVAJI UNIVERSITY
Kolapur, Maharashtra, India (1998-2000)

**BACHELORS DEGREE
[B. Sc ZOOLOGY (MAIN)]**

MAHATMA GANDHI UNIVERSITY
Kottayam, Kerala, India (1994-1997)

PRE-UNIVERSITY LEVEL

MAHATMA GANDHI UNIVERSITY
Kottayam, Kerala, India (1992-1994)

TRAINING PROGRAMMES ATTENDED

- Attended ten days Rural Camp
- Attended three Workshop conducted by Rehabilitation Council of India on Assessment of Autism.
- Attended various Training Programs conducted by RRTC, Chennai on Prevention and Treatment of Addiction.
- Attended National Conference of FINGODAP.
- Attended One day workshop conducted by The Christian Medical Association of India New Delhi on Harm Reduction and Demand Reduction .
- Attended two days Sensitization Training programs on Personality Development for Alcoholic and Drug Addicts conducted by National Institute of Social Defence, MSJE, Govt. of India.
- Attended three days National Conference of the Indian Association of Social Psychiatry.

ADDITIONAL QUALIFICATIONS

- Life member of Indian Association of Social Psychiatry
- **Operating Systems:** Windows 98, 2000, XP, Windows 7

References available upon request