

MANPREET KAUR

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EDUCATION

Postgraduate Diploma in Counseling & Guidance

Aug 2011 – Jun 2012

Jamia Milia Islamia University, New Delhi

M.A Psychology

Jul 2009 – May 2011

DAV College, Punjab University, Chandigarh

Relevant Courses: Social psychology, Experimental and cognitive psychology, Clinical psychology, Counseling psychology, Child psychopathology, Research methodology

B.A (Honors), Psychology

Jul 2006 – May 2009

Mata Sundri College, University of Delhi, New Delhi

Relevant Courses: Statistics, Physiological psychology, Social Psychology, Abnormal Psychology, Developmental Psychology, Counseling Psychology

AISSCE, CBSE

Mar 2002 – Mar 2006

Akal Academy, Baru Sahib, Himachal Pradesh

PROFESSIONAL

Psychology Teacher/Counselor, Akal Academy, Himachal Pradesh

Jul 2011 – Jul 2012

Psychological testing, teaching, report writing and managing case studies

- Group counseling for 9th – 12th grades
- Individual counseling for primary, secondary and senior secondary students
- Delivered seminar sessions on “Student counseling and guidance” for school teachers from across India
- Offered psychological counseling to psychiatric patients and drug addicts at Akal charitable hospital
- Developed IEP (individual education program) for dyslexic students
- Individual counseling sessions for undergraduate students

(Akal Academy is a prestigious not-for-profit boarding school and university)

RESEARCH

1. *A comparative study of elderly living in old age homes and families.* Variables: satisfaction with life, loneliness, well-being, optimism, etc.
2. *Study of affect amongst drug abusers by analyzing correlation between many variables.* Variables: Suicide ideation, well-being, depression and learned helplessness
3. *A comparative study of children in Theological schools and Conventional schools.* Variables: Stress, achievement motivation, anxiety and satisfaction with life
4. Presented a poster on *Enhancing Human Potential: Psychosocial Perspective* at an international conference organized by Punjab University

EXTRACURRICULAR

- Served as an Instructor at Akal International Youth Camp organized by Kalgidhar Trust (an NGO) from 2006 to 2010. The event attracted participants from US, Canada and UK who came to learn about Indian culture, history and traditions. Conducted classes and workshops and contributed as a core member of the management committee
- Received first prize in News synopsis and Science Explore contest in high school